

Post Instructions of Easy Vasectomy Reversal®

1. You will go directly home (or back to your hotel room) and minimize activity. Spend the evening in bed or on a sofa, doing nothing more than reading or watching television.
2. Take the antibiotics on schedule.
3. The scrotal support should be left on during bowel movements.
4. If you have any discomfort at all, plain Tylenol will help, no aspirin. We may provide a prescription for pain pills, but most patients don't need them.
5. Keep the gauze for 48 hours.
6. Keep the small wound clean and dry.
7. Two days after the procedure, you may take a shower. Wear the scrotal support for 21 days (3 weeks), day and night (except during showers) for 10 days, then daytime only.
8. It is normal to have some discoloration of the skin around the incision. Sometimes, this discoloration even extends part way down the shaft of the penis.
9. You may return to light work on the 5th post-operative day (wearing scrotal support) but lift no more than 20 pounds for an additional 2 weeks.
10. You may resume intercourse 21 days (3 weeks) after the procedure. You may notice some blood in the ejaculate; this is no cause for concern.
11. Semen analysis will be performed in 6 weeks after your reversal, you may repeat semen analyses as instructed. Remember, it is important to abstain from intercourse for 2-3 days prior to providing a semen sample. On the day of the reversal, you will be given a request for a formal semen analysis to be performed on a fresh semen sample at a lab near your home. Insurance will often cover lab tests.