

## **Dr. Steven Shu of Twin Cities Participated in Vasectomy Mission in Haiti**

**Summary:** *Minnesota physician Dr. Steven Shu joined a mission to Haiti as part of a global effort to promote and provide free No-Scalpel Vasectomy services in developing countries with rapid population growth.*

Minneapolis, MN (August 2015) – A group of doctors from the United States went to Haiti from July 22<sup>nd</sup> to July 25<sup>th</sup> to provide free vasectomies for local residents. Minnesota physician Dr. Steven Shu, medical director of One Stop Medical Center, participated in this mission. The physicians performed about 90 vasectomies on the trip. This is the second time this year that Dr. Shu has been part of an international vasectomy mission sponsored by the nonprofit organization, No Scalpel Vasectomy International Inc (NSVI).

Dr. Shu shares a passion with the vasectomy guru Dr. Doug Stein in Tampa, FL, promoting and providing no scalpel vasectomy (NSV) services worldwide. He joined the international team in the Philippine mission in February 2015.

Thanks to the opening of the expanded runway at the Cap Haitien Airport, there is now jet service to Northern Haiti from Miami. The vasectomy team served three locations: the Uls Sante Clinic in Ft. Bourgeois, the town of Plaisance, and the Ft. St. Michel Health Center in Cap Haitien. About 90 vasectomies were performed.

The Haiti mission is much more challenging than the Philippine mission because of the poor economy with a high unemployment rate, poor public infrastructure, and an under-developed health care system.

NSVI has established a Domestic Program in Northern Haiti as it has done in the Philippines. The Haitian government has made family planning a national priority, and should be very receptive to the help offered by NSVI. This mission (1) provided more hands-on training for local doctors, (2) provided more instruments and supplies for local doctor to perform vasectomies, and (3) fine-tuned the logistics for ongoing financial support of the Domestic Vasectomy Program in Haiti.

“I really enjoy the international medical missions,” Says Dr. Shu. “As an expert in office procedures in Minnesota, I am proud that I can make my contributions not only to local communities but also international volunteer work.”

The free vasectomy procedure is voluntary, and it is only for those who are interested. The public education is provided facts about vasectomies. Medicine is provided to the clients, and the participating physicians donate money to provide financial assistance to the family as income replacement.

About One Stop Medical Center and Dr. Shu

One Stop Medical Center provides a wide range of office procedure services that emphasize minimal invasion and local anesthesia, including vasectomies and vasectomy reversals. It offers the most extensive range of state-of-the-art technologies with equipment serving every area of office surgical procedures.

Dr. Steven Shu, MD, MBA, is a board certified laser surgeon who specializes in office procedures. Dr. Shu was an assistant professor in the University of Minnesota medical school from 2006 to 2012, teaching no scalpel vasectomy and other office procedures. Dr. Shu has adopted countless revolutionary techniques to achieve ideal results with more efficiency, affordability and safety. For more information, visit [www.EZvasectomy.com](http://www.EZvasectomy.com) and [www.procedureclinic.com](http://www.procedureclinic.com).

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